



Our Winter

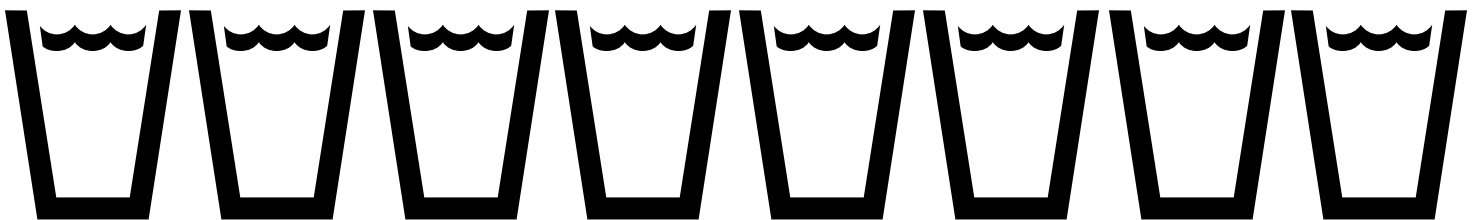


GET FIT CHALLENGE

My favorite exercise is...

I taught my family how to...

Color a cup for every **glass of water** you drink:





Our Winter

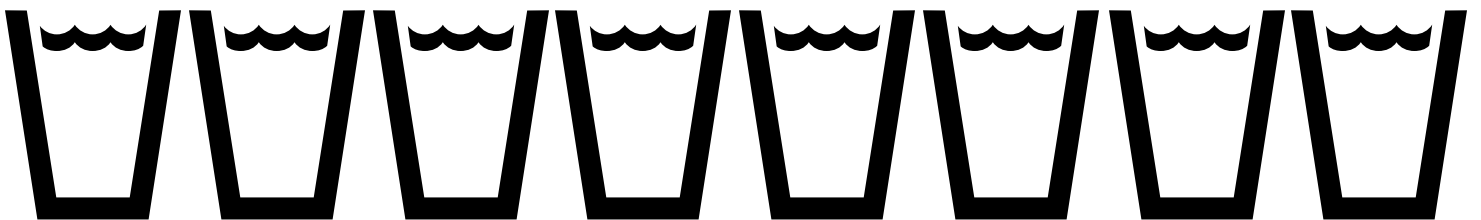


GET FIT CHALLENGE

My get fit goal is to...

I will get it done by...

Color a cup for every **glass of water** you drink:





Our Winter



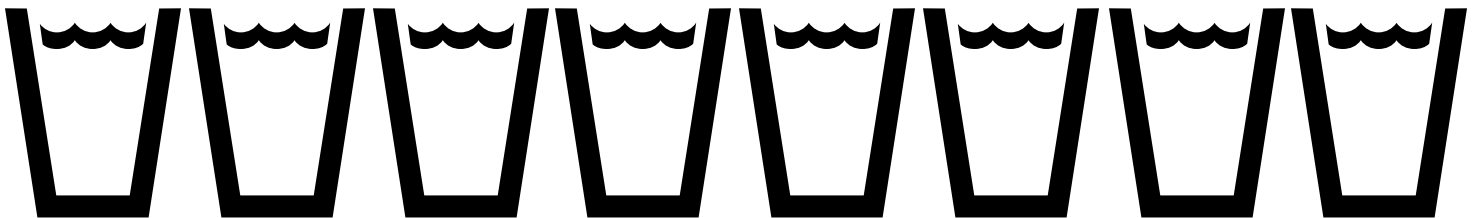
GET FIT CHALLENGE

Type of Exercise

Finished

Goal

Color a cup for every **glass of water** you drink:





Our Winter



GET FIT CHALLENGE

My favorite part of the challenge was...

I had fun with my family because...

Color a cup for every **glass of water** you drink:

