

DIY NATURAL FIRST AID SPRAY

INGREDIENTS:

- 2 oz glass bottle with spray
- small metal funnel, optional
- about 1 oz of water
- about 1 Tbsp neem oil
- about 3/4 oz alcohol-free witch hazel
- 20-30 drops of essential oils

INSTRUCTIONS:

Add the water, neem oil, essential oils, and witch hazel to the glass bottle. Cap and shake well.

Apply as needed to minor cuts and scrapes.

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Cut out the label below and adhere to your spray bottle.

